



ASSOCIAÇÃO DE
GINÁSTICA DO
NORTE



CAMPEONATO DISTRIITAL GINÁSTICA AERÓBICA

Sábado - 6 de Maio 2023

10h00-12h30 - 1ª Divisão e Elites

14h00-18h00 Infantis e Base

Liga dos Amigos de Aguada de Cima - LAAC

CAMPEONATO DISTRITAL AGN 2023

GINÁSTICA AERÓBICA

Águeda, Pavilhão Gimnodesportivo LAAC, 06/05/2023

Juízes

CJP - Nancy Almeida

D1 - Nancy Almeida

D2 - Patrícia Barbosa

E1 - Joana Abrantes

E2 - Filipa Leite

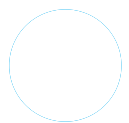
A1 - Ana Abreu

A2 - Keli Pereira



Campeonato Distrital AER *Event subtitle*
Individual — IF INI 1ª DIV PORTO — Qualification

			E1	E2	E3	E4	E	A1	A2	A3	A4	A	D9-10	D	P. D	P. CJP	P. L	P	Lift	Total
1.	COSTA	Ivana	AGCM	7.5	7.6		7.550	7.7	7.5			7.600	2.3	1.150						16.300
2.	PÁSCOA	Carolina	AGCM	7.6	7.6		7.600	7.6	7.4			7.500	2.3	1.150						16.250
3.	COSTA	Iara	AGCM	7.3	7.5		7.400	7.5	7.4			7.450	1.9	0.950						15.800

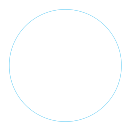




Campeonato Distrital AER *Event subtitle*

Trio — TR INI 1ª DIV PORTO — Qualification

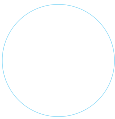
			E1	E2	E3	E4	E	A1	A2	A3	A4	A	D9-10	D	P. D	P. CJP	P. L	P	Lift	Total
1.	COSTA	Iara	AGCM	7.4	7.7		7.550	7.8	7.6			7.700	2.3	1.150						16.400
	COSTA	Ivana	AGCM																	
	PÁSCOA	Carolina	AGCM																	





Campeonato Distrital AER *Event subtitle*
Individual — IF JUV 1ª DIV PORTO — Qualification

		E1	E2	E3	E4	E	A1	A2	A3	A4	A	D9-10	D	P. D	P. CJP	P. L	P	Lift	Total
1.	DABIJA Ilinca	AGCM	7.8	8.0		7.900	7.8	7.6			7.700	3.5	1.750						17.350



Campeonato Distrital AER *Event subtitle*

Individual — IF JUN 1ª DIV PORTO — Qualification

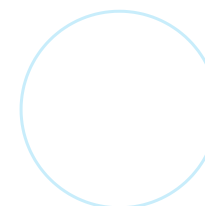
			E1	E2	E3	E4	E	A1	A2	A3	A4	A	D9-10	D	P. D	P. CJP	P. L	P	Lift	Total
1.	FARIA	Leonor	AGCM	7.5	7.4		7.450	7.6	7.4			7.500	3.7	1.850						16.800
2.	MARTINS	Ana Rita	AGCM	7.3	7.1		7.200	7.3	7.3			7.300	2.8	1.400						15.900



Campeonato Distrital AER *Event subtitle*

Individual — IF SEN 1ª DIV PORTO — Qualification

			E1	E2	E3	E4	E	A1	A2	A3	A4	A	D9-10	D	P. D	P. CJP	P. L	P	Lift	Total
1.	SOARES Maria	AGCM	7.5	7.0			7.250	7.6	7.6			7.600	5.1	2.550						17.400





Campeonato Distrital AER *Event subtitle*
 Individual — IF INI BASE PORTO — Qualification

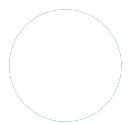
			E1	E2	E3	E4	E	A1	A2	A3	A4	A	D9-10	D	P. D	P. CJP	P. L	P	Lift	Total
1.	SILVEIRA	Leonor	AGCM	7.0	6.8		6.900	6.9	6.9			6.900	1.2	0.600						14.400
2.	SILVA	Magda	AGCM	6.7	6.9		6.800	6.9	6.9			6.900	1.4	0.700						14.400
3.	BARBOSA	Ana	AGCM	6.7	6.9		6.800	6.9	6.8			6.850	1.2	0.600						14.250
4.	OLIVEIRA	Leonor	AGCM	6.8	6.8		6.800	6.8	6.7			6.750	1.4	0.700						14.250
5.	PEREIRA	Íris	AGCM	6.7	6.7		6.700	6.8	6.8			6.800	1.2	0.600						14.100
6.	MARQUES	Júlia	AGCM	6.0	6.5		6.250	6.7	6.7			6.700	0.8	0.400						13.350





Campeonato Distrital AER *Event subtitle*
 Trio — TR INI BASE PORTO — Qualification

			E1	E2	E3	E4	E	A1	A2	A3	A4	A	D9-10	D	P. D	P. CJP	P. L	P	Lift	Total
1.	BARBOSA Ana	AGCM	6.5	6.6			6.550	7.0	6.8			6.900	0.9	0.450						13.900
	SILVEIRA Leonor	AGCM																		
	SILVA Magda	AGCM																		
2.	PEREIRA Íris	AGCM	5.9	6.4			6.150	6.6	6.6			6.600	0.8	0.400						13.150
	OLIVEIRA Leonor	AGCM																		
	MARQUES Júlia	AGCM																		





Campeonato Distrital AER *Event subtitle*
 Individual — IF JUV BASE PORTO — Qualification

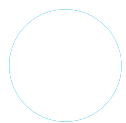
			E1	E2	E3	E4	E	A1	A2	A3	A4	A	D9-10	D	P. D	P. CJP	P. L	P	Lift	Total
1.	GONÇALVES	Sofia	AGCM	7.1	7.1		7.100	7.3	7.2			7.250	1.6	0.800						15.150
2.	TEIXEIRA	Helena	AGCM	7.0	6.9		6.950	7.4	7.2			7.300	1.9	0.950	0.500			-0.500		14.700
3.	SILVA	Lara	AGCM	6.6	6.5		6.550	7.0	6.8			6.900	1.4	0.700						14.150
4.	LOURENÇO	Érica	AGCM	6.5	6.5		6.500	6.8	6.7			6.750	1.1	0.550						13.800





Campeonato Distrital AER *Event subtitle*
Mixed pairs — PR JUV BASE PORTO — Qualification

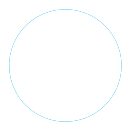
			E1	E2	E3	E4	E	A1	A2	A3	A4	A	D9-10	D	P. D	P. CJP	P. L	P	Lift	Total
1.	FERREIRA Ariana	AGCM	6.6	6.5			6.550	6.7	6.8			6.750	0.9	0.450						13.750
	ALVES Íris	AGCM																		





Campeonato Distrital AER *Event subtitle*
 Groups — GR JUV BASE PORTO — Qualification

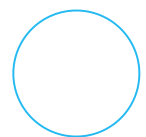
			E1	E2	E3	E4	E	A1	A2	A3	A4	A	D9-10	D	P. D	P. CJP	P. L	P	Lift	Total
1.	ALVES	Íris	AGCM	6.3	6.5		6.400	6.9	6.5			6.700	1.0	0.500						13.600
	FERREIRA	Ariana	AGCM																	
	SILVA	Lara	AGCM																	
	GONÇALVES	Sofia	AGCM																	
	LOURENÇO	Érica	AGCM																	





Campeonato Distrital AER *Event subtitle*
 Individual — IF JUN BASE PORTO — Qualification

			E1	E2	E3	E4	E	A1	A2	A3	A4	A	D9-10	D	P. D	P. CJP	P. L	P	Lift	Total
1.	FERREIRA Mariana	AGCM	6.9	7.1			7.000	7.5	7.2			7.350	2.8	1.400						15.750
2.	RIBEIRO Maria João	AGCM	7.0	6.9			6.950	7.1	7.3			7.200	2.1	1.050						15.200
3.	MATIAS Telma	AGCM	6.8	7.0			6.900	7.2	7.0			7.100	1.2	0.600						14.600
4.	ALVES Catarina	AGCM	6.6	6.6			6.600	7.0	6.9			6.950	0.6	0.300						13.850





Campeonato Distrital AER *Event subtitle*
Groups — GR JUN BASE PORTO — Qualification

			E1	E2	E3	E4	E	A1	A2	A3	A4	A	D9-10	D	P. D	P. CJP	P. L	P	Lift	Total
1.	FERREIRA Mariana	AGCM	6.7	6.8			6.750	7.2	6.9			7.050	0.9	0.450						14.250
	RIBEIRO Maria João	AGCM																		
	MATIAS Telma	AGCM																		
	ALVES Catarina	AGCM																		
	TEIXEIRA Helena	AGCM																		